



Simmer Down

WEEKLY LUNCH

SIMMER DOWN BAR AND GRILL
51725th Street, West Palm Beach FL 33407

ORDER NOW 

SEAFOOD

Curried Grouper	MP
Escovitch Snapper	MP
Brown Stewed Snapper	MP
Roasted Lobster	MP
Curried Lobster	MP
Escovitch Lobster	MP
Curried Seafood	MP
Medley	MP
Curried Shrimp	MP
Shrimp Rasta Pasta	MP

SOUP OF THE DAY

Chicken/Cow foot	\$8.99	\$12.99
Fish/Seafood Medley	\$9.99	\$12.99
Manish Water	\$9.99	\$12.99

MAIN COURSE

Curried Goat	\$15.99	\$19.99
Jerk Pork	\$13.99	\$16.99
BBQ Ribs		\$24.99
Cow Feet		\$14.99
Stew Beef	\$15.99	\$18.99
Curry Chicken	\$14.99	\$17.99
Jerk Chicken	\$14.99	\$17.99
Fried Chicken	\$14.99	\$17.99
Brwn Stew Chkn	\$14.99	\$17.99
Braised Oxtail	\$21.99	\$24.99

VEGETARIAN

Callaloo & Saltfish	\$17.99
Ackee & Saltfish	\$19.99
Okra & Saltfish	\$17.99
Curry Chickpeas	\$16.99

